



# Homeobotanical Therapy

Prescribing with Power and Precision

<b>A</b>	<b>ASTHMA, LUNGS</b> Supports normal pulmonary ventilation. Heals lungs, respiratory tract.	Picrorrhiza, Mullein, Grindelia, Euphorbia etc.	<b>V</b>	<b>VARICOSE VEINS</b> Distended, flaccid vascular tone, poor circulation. Passive bleeding.	Witch Hazel, Ginger, Horse Chestnut, Cranesbill etc.
<b>B</b>	<b>BLOOD AND LYMPH</b> "Blood Purifier" for lymphatic stasis and suppurative conditions.	Yellow Dock, Cleavers, Reishi Mushroom, Pau d'Arco etc.	<b>W</b>	<b>WORMS</b> Used internally and topically to control parasites and toxic conditions.	Black Walnut, Tansy, Wormwood, Garlic etc.
<b>C</b>	<b>COLDS AND CATARRH</b> For excessive mucus. Sub-acute, chronic respiratory disease.	Boneset, Elderflower, Horehound, Yarrow, Ribwort, Thyme etc.	<b>X</b>	<b>EXPECTORANT, COUGHING</b> Soothes irritable and persistent coughing. Hoarseness.	Elecampane, Pleurisy Root, Wild Cherry etc.
<b>D</b>	<b>DIURETIC &amp; OEDEMA TONIC</b> Chronic and degenerative renal conditions with oedema.	Marshmallow, Juniper, Crataeva, Corn Silk, Yarrow, Buchu etc.	<b>Y</b>	<b>skYn TONIC</b> Used internally for all manner of skin disease and as an external ointment.	Red Clover, Burdock, Figwort, Yellow Dock etc.
<b>E</b>	<b>EMOTIONAL STRESS TONIC</b> Nervous debility & excessive stress. Enhances all blends.	Valerian, Oats, Hops, Skullcap, Lavender, Chamomile etc.	<b>Z</b>	<b>InZomnia</b> "Tranquilliser" for restlessness and the over-active mind. Soothes, calms.	Passionflower, Jamaican Dogwood, Chamomile etc.
<b>F</b>	<b>FEMALE TONIC</b> Female hormone balancer to restore normal reproductive cycles.	Cohosh, Cramp Bark, Pasque flower, Squaw Vine etc.	<b>CBR</b>	<b>CEREBRA</b> Brain Tonic. Short term loss of memory and mental acuity, Brain, CNS.	Gotu Kola, Schisandra, Ginkgo, Cayenne etc.
<b>G</b>	<b>GENERAL PAIN</b> For all neuralgia, neuritis, acute and chronic pain of KNOWN origin.	Jamaican Dogwood, St. John's Wort, Corydalis etc.	<b>GLN</b>	<b>GLANDULA</b> Restores the normal balance of the entire endocrine system.	Korean Ginseng, Root, Withania, Golden Seal etc.
<b>H</b>	<b>HEART and CIRCULATION</b> Chronic circulatory problems with cardiovascular disease.	Hawthorne, Olive, Mistletoe, Lime, Dan shen etc.	<b>FSA</b>	<b>FIRSTAID</b> Fever/Acute Tonic. Used in the earliest stage for all acute and feverish illness.	Chamomile, Ginger, Cinnamon, Elder etc.
<b>I</b>	<b>EYES</b> Used externally as a lotion and also internally as tonic for visual disturbances.	Eyebright, Bilberry, Golden Seal, Ginkgo etc.	<b>CND</b>	<b>YEAST INFECTIONS</b> General poor health and debility from Candidiasis or "Thrush."	Golden Seal, Marshmallow Root, Ginger Root etc.
<b>J</b>	<b>"JERMS" &amp; IMMUNE</b> Herbal antiseptic and immunity boost for acute and chronic infection.	Picrorrhiza, Red Sage, Echinacea Root, Baptisia etc.	<b>NTR</b>	<b>NUTRIA</b> To assist the assimilation of nutrients. Used where poor diet is a factor.	Nettle, Cayenne, Badderwrack, Ginseng etc.
<b>K</b>	<b>KIDNEY TONIC</b> Soothing and protective throughout the whole genito-urinary system.	Crataeva, Cornsilk, Shepherd's Purse, Couch, Buchu etc.	<b>TRM</b>	<b>TRAUMA</b> Injury Tonic. For physical injuries, trauma and shock. Bites, stings, bruises.	St. John's Wort, Rue, Plantain, Arnica etc.
<b>L</b>	<b>LIVER TONIC</b> Acute and chronic hepatic dysfunction. Supports normal liver and gall.	Globe Artichoke, Bupleurum Root, Dandelion etc.	<b>DYN</b>	<b>DYNAMA</b> Stamina Tonic. The standard remedy for immunity and vigorous good health.	Siberian Ginseng, Grape Seed, Licorice etc.
<b>M</b>	<b>MIGRAINE TONIC</b> Addresses derangement of viscera which may cause severe headaches.	Fringe Tree, Blue Flag, Wood Betony, Feverfew etc.	<b>DYR</b>	<b>DYREA</b> Specific remedy for acute, explosive bowel action. Diarrhoea or superpurgation.	Common Oak Bark, Ladies Mantle, Bayberry etc.
<b>N</b>	<b>ENERGY</b> Lack of energy. Adrenal stress due to overwork and also for chronic fatigue.	Ginseng, Kola Nut, Damiana, Ginger, Cayenne etc.	<b>DTX</b>	<b>DETOXA</b> Drainage remedy for environmental toxins and endogenous metabolites.	Saw Palmetto, Celery, Cayenne, Badderwrack etc.
<b>O</b>	<b>ORCHITIS, MALE Tonic</b> Balances and restores male hormonal prostatic physiology.	Hydrangea, Horsetail, Willow Herb, Chaste Tree etc.	<b>EMT</b>	<b>EMETA</b> Motion sickness. And nausea. "Morning Sickness." Vomiting and dry retching.	Black Horehound, Meadowsweet, Ginger Root etc.
<b>P</b>	<b>PANCREAS</b> For the support of pancreas function. Balances hormone & enzyme physiology	Fenugreek, Gymnema, Jambul, Licorice, Buchu etc.	<b>SPM</b>	<b>SPASMA</b> For cramps of most muscular origins including sports, menstrual and GIT.	Cramp Bark, Prickly Ash, Chamomile, Wild Yam etc.
<b>Q</b>	<b>QUOTIDIAN Lower BOWEL</b> Colonic dysfunction. Optimises bowel tone and peristalsis.	Rhubarb Root, Senna, Cascara, Licorice, Butternut etc.	<b>MRN</b>	<b>MARINA</b> Thyroid support for sluggish and over-active energy state. General reviver.	Bladderwrack, Licorice Root etc.
<b>R</b>	<b>RHEUMATISM</b> Localised anti-inflammatory action on the musculo-skeletal system.	Celery, Devil's Claw, Rehmannia, Poke, Sarsparilla etc.	<b>RBD</b>	<b>SPECTRA ELIXIR</b> Seven herbs for each colour of the rainbow. First aid treatments.	Cinnamon, Angelica, Chamomile, Iris, Elder etc.
<b>S</b>	<b>STOMACH TONIC</b> Acute and chronic gastrointestinal distress. Inflamed stomach.	Condurango, Meadowsweet, Gentian etc.	<b>PRM</b>	<b>PROMYR</b> Natural antibiotic used as an internal remedy or externally as an ointment.	Propolis Extract, Commiphora, (Myrrh) etc.
<b>T</b>	<b>TIREDDNESS</b> Chronic tiredness and hypotension. Weariness from chronic & acute allergies.	Damiana, Ginseng, Hawthorne, Ginger, Polygonum etc.	<b>LCT</b>	<b>LACTA</b> A highly specialised formula for the management of general and deficient lactation.	Chaste Tree, Fennel, Goat's Rue, Nettle etc.
<b>U</b>	<b>"UNKNOWN" Allergy</b> Acute, chronic allergies for airborne, dietary, idiopathic sources.	Albizzia, Golden Rod, Baical, Elderflower, Eyebright etc.	<b>PLR</b>	<b>PLURA</b> Applications in most chronic and also degenerative pulmonary conditions.	Golden Seal, Bryony, Elecampane, Mullein, Pleurisy Root etc.



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