

Labyrinth at St Lukes

A labyrinth is a pattern marked on the ground or floor that is walked as an aid to reflection and meditation. While not specifically Christian in origin or in contemporary use, it has ancient roots as a tool for developing Christian spirituality. A labyrinth has only one path and is not a maze. You cannot get lost in a labyrinth. The journey generally consists of three parts – the journey in, being at the centre, and the journey out.

The labyrinth is viewed as a metaphor for life's journey. It offers lessons as we walk the path. Walking the labyrinth assists us to address challenges, meditate, pray, and find peace and serenity.

Sign outside the Labyrinth at the former St Luke's Church in Manchester Street

Labyrinth at Chartres Cathedral



This is an elaborate 11-circuit labyrinth, often called a Medieval Labyrinth. The centre has 6 petals, which have been likened to parts of the Lord's Prayer.

Labyrinth at The Light House



My own labyrinth is a simple 5 circuit Classical Labyrinth

St Luke's Labyrinth



The Labyrinth at St Luke's Church is a Chartres style labyrinth. It is made of bricks from a previous church. A liquidamber tree is in the centre, and there is a garden around the perimeter.

A few of us are working to clean up the St Luke's Labyrinth and garden. We would love you to join us on Saturday mornings.

We hope that the Labyrinth could become a central space in Christchurch where people can walk, meditate, pray, and find peace and serenity.

Rose Isbell